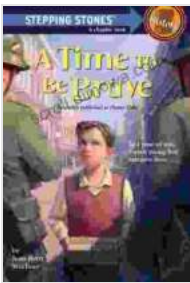


# Time to Be Brave: A Stepping Stone Book for Young Survivors of Abuse

Time to Be Brave is a Stepping Stone Book for young survivors of abuse. It provides a safe and supportive space for children to explore their feelings and learn how to cope with the challenges they face.

## What is Time to Be Brave?

Time to Be Brave is a 32-page illustrated book that tells the story of a young girl named Lily who has been abused. Lily is scared and confused, but she finds the courage to speak up and get help.



## A Time to Be Brave (A Stepping Stone Book(TM))

by Joan Betty Stuchner

★★★★☆ 4.8 out of 5

Language : English  
File size : 8865 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 114 pages  
Screen Reader : Supported



The book is written in a clear and simple style that is easy for children to understand. It includes age-appropriate language and avoids graphic descriptions of abuse.

## Who is Time to Be Brave for?

Time to Be Brave is for any child who has been abused, regardless of their age, gender, or background. It is also helpful for children who have witnessed abuse or who are at risk of being abused.

### **How can Time to Be Brave help?**

Time to Be Brave can help children to:

- Understand what abuse is and how to recognize it
- Identify their feelings and express them in a healthy way
- Learn how to cope with the challenges they face
- Find the courage to speak up and get help

### **Where can I get Time to Be Brave?**

Time to Be Brave is available for Free Download on Our Book Library.com and other online retailers. It is also available in some libraries and schools.

### **Additional resources**

In addition to Time to Be Brave, there are a number of other resources available to help young survivors of abuse. These resources include:

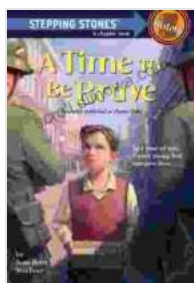
- The National Child Abuse Hotline: 1-800-422-4453
- The Rape, Abuse & Incest National Network (RAINN): 1-800-656-HOPE
- The National Domestic Violence Hotline: 1-800-799-SAFE
- The National Sexual Assault Hotline: 1-800-656-HOPE

These organizations can provide information, support, and resources to help young survivors of abuse heal and rebuild their lives.

Time to Be Brave is a valuable resource for young survivors of abuse. It provides a safe and supportive space for children to explore their feelings and learn how to cope with the challenges they face.

If you are a young survivor of abuse, please know that you are not alone. There are people who care about you and want to help you heal.

Please reach out for help. You deserve to be safe and happy.



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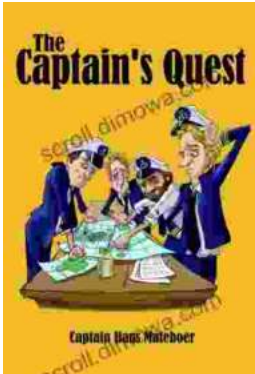
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