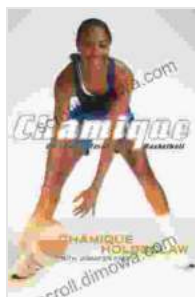


# Chamique On Family Focus And Basketball

## A Must-Read for Parents and Athletes

Chamique Holdsclaw's memoir, *Chamique on Family Focus and Basketball*, is a must-read for parents and athletes alike. Holdsclaw, a former WNBA star, shares her personal story of overcoming adversity and achieving success both on and off the court. Her experiences and insights are invaluable for anyone looking to raise successful children or achieve their own goals.



## Chamique: On Family, Focus, and Basketball

by Chamique Holdsclaw

★★★★★ 5 out of 5

Language	: English
File size	: 1056 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 192 pages
Paperback	: 324 pages
Item Weight	: 2.49 pounds
Dimensions	: 8.54 x 0.67 x 11.02 inches



## Overcoming Adversity

Holdsclaw's story is one of triumph over adversity. She grew up in a poor neighborhood in Queens, New York, and faced many challenges as a child. Her parents divorced when she was young, and she was often left to care

for her younger siblings. Despite these challenges, Holdsclaw excelled in basketball. She was a star player at Christ the King High School and went on to play for the University of Tennessee, where she won two national championships.

Holdsclaw's success on the court did not come without its challenges. She faced racism and sexism from fans and opponents. She also struggled with injuries and mental health issues. However, through it all, she persevered. She credits her family and her faith for helping her to overcome adversity.

## **Family Focus**

Family is everything to Holdsclaw. She credits her parents for instilling in her the values of hard work, determination, and perseverance. She also credits her siblings for their support and love. Holdsclaw believes that strong family relationships are essential for success in all areas of life.

In her book, Holdsclaw shares her insights on how to raise successful children. She emphasizes the importance of setting high expectations, providing support, and being a role model. She also discusses the challenges of raising children in today's world.

## **Basketball**

Basketball has been a lifelong passion for Holdsclaw. She started playing the game when she was just four years old. She went on to become one of the most successful players in WNBA history. Holdsclaw was a six-time All-Star and was named the WNBA's Most Valuable Player in 2003. She also led the Tennessee Lady Volunteers to two national championships.

In her book, Holdsclaw shares her insights on how to succeed in basketball. She emphasizes the importance of hard work, dedication, and teamwork. She also discusses the challenges of being a female athlete in a male-dominated world.

## A Must-Read for Parents and Athletes

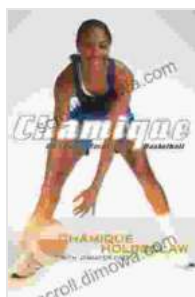
*Chamique on Family Focus and Basketball* is a must-read for parents and athletes alike. Holdsclaw's story is inspiring and her insights are invaluable. Her book will help you to overcome adversity, achieve success, and build strong family relationships.

## About the Author

Chamique Holdsclaw is a former WNBA star and two-time Olympic gold medalist. She was inducted into the Naismith Memorial Basketball Hall of Fame in 2018. Holdsclaw is currently the head coach of the Tennessee State University women's basketball team.

## Free Download Your Copy Today

*Chamique on Family Focus and Basketball* is available now at Our Book Library.com and Barnes & Noble.com.



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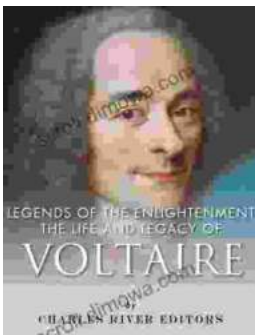
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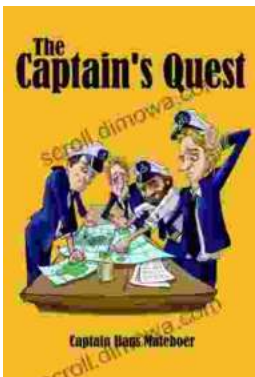
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