

12 Seconds to Manifesting Your Blessings

Are you ready to manifest your blessings in just 12 seconds?

This book will teach you how to use the power of your mind to create the life you want. You'll learn how to:



12 Seconds to Manifesting Your Blessings: For Dates Marriage and Finances by Tamilla Palmer Perera

★★★★☆ 4.7 out of 5

Language : English
File size : 2181 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 309 pages
Lending : Enabled



- Identify your deepest desires.
- Create a clear vision for your future.
- Focus your thoughts and emotions on your goals.
- Take action to make your dreams a reality.

The 12-second technique is a simple but powerful tool that can help you to manifest your blessings faster than you ever thought possible. It's based on the principle that our thoughts and emotions have a direct impact on our reality. When we focus our thoughts and emotions on positive things, we

attract more positive things into our lives. And when we focus our thoughts and emotions on negative things, we attract more negative things into our lives.

The 12-second technique is a way to train your mind to focus on positive things. It's a simple exercise that you can do anywhere, anytime. All you need is 12 seconds.

Here's how to do the 12-second technique:

1. Take a deep breath and relax your body.
2. Close your eyes and focus on your breath.
3. Think about something that you're grateful for.
4. Hold that thought in your mind for 12 seconds.
5. Open your eyes and continue with your day.

That's it! It's a simple exercise, but it can have a powerful impact on your life. When you practice the 12-second technique regularly, you'll start to notice that you're attracting more positive things into your life. You'll be more grateful, more optimistic, and more successful.

What are you waiting for? Start manifesting your blessings today!

Free Download your copy of 12 Seconds to Manifesting Your Blessings today and start creating the life you want.

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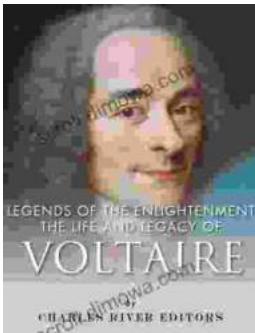
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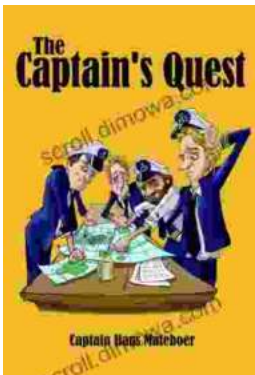
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